

PREPARATION FOR ENTERING PRACTITIONER TRAINING (Preferred Order of Classes)

LEVEL I CLASSES

Foundations for Spiritual Living

Discover and experience the life-changing teachings of Science of Mind and Spirit. This 10-week class is the introduction into the study of our philosophy. Students explore universal Spiritual Principles and how to apply them to their lives. This class is required in order to take further certificated classes.

Power of Your Word (8 weeks) or Spiritual Practices (10 weeks)

These classes focus on the student developing lifetime habits of meditation and affirmative prayer (Spiritual Mind Treatment). Affirmative prayer for oneself is reviewed and strengthened; students then advance to treating for others. Experiential exercises strengthen the practices for students.

Self-Mastery

Self-Mastery: the Emergence of the True Self focuses on healing the perceived separation between personality and Spirit. Through an active exploration of the creative nature of thoughts and feelings, beliefs, and emotions, the students have an opportunity to gain mastery in the art of living as a conscious, intentional being. Students apply the tools of meditation and prayer to the emerging True Self during this 8-week class.

LEVEL II CLASSES

Practical Mysticism

Mysticism is at the heart of Religious Science and is at the core of all spiritual traditions. This 10-week class focuses on awakening the inner mystic and allowing a uniquely personal path of mysticism to evolve.

Practical Mysticism is a rich, expansive, transformational experience that cultivates spiritual awareness and living presence in everyday life.

Essential Ernest Holmes

This 10-week class is a loving tribute to Dr. Ernest Holmes and all of the wisdom he brought to our world. The course is based upon “What We Believe” and each week students have the opportunity to examine these ideas and uncover ways to make the power of this teaching come alive in his/her life. Each week has a meditation on Light that takes the student progressively deeper and deeper into the Light to find inner Truth.

Roots of Science of Mind & Spirit

Important influences and ideas contributing to our teaching are explored in this 10-week class. **Roots of Science of Mind & Spirit** provides the student with an understanding of the historic roots in America of Ernest Holmes’ philosophy. Specific emphasis is given to the works of Thomas Troward, Emma Curtis Hopkins, and Ralph Waldo Emerson.

Prac Training – Fall

(A minimum of six certificated classes taken over a period of at least two years is required for entering Practitioner Training.)

The two-year curriculum prepares the student for a career as a Professional Religious Science Practitioner. License approval is only granted to candidates who have successfully passed all examinations, completed all certificated and professional course work, and met all other requirements listed in the Practitioner and Education Codes.